



MONMOUTH-ROSEVILLE COMMUNITY UNIT SCHOOL DISTRICT #238

Monmouth-Roseville CUSD # 238, in partnership with our families and community, will establish a safe, supportive learning environment for students to become contributing members in a culturally diverse society.

401 E. 2nd Ave., Monmouth, IL 61462
Paul D. Woehlke, Superintendent

(309) 734-4712 (phone)
pwoehlke@mr238.org

(309) 734-4755 (fax)
www.mr238.org

September 11, 2009

Dear Parent/Guardian,

As you may know, flu can be easily spread from person to person. We are taking steps to reduce such spread of flu in our schools. We want to keep our schools open to students and functioning in a normal manner during this flu season. **But, we need your help to do this.**

We are working closely with the Illinois State Board of Education and the Warren County Health Department to keep track of flu conditions and decide the best steps to take concerning schools. We will keep you updated with new information, as it becomes available.

If the flu becomes severe, we may take additional steps to prevent its spread, such as:

- performing active fever and flu symptom screening of students and staff on arrival at school,
- making changes to increase the space between people, postpone class trips, etc., and
- dismissing students from school for at least 3-5 days if they become sick.

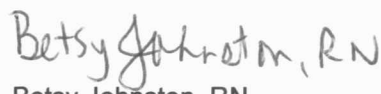
For now, we are doing everything we can to keep our schools functioning as usual. Here are a few things you can do to help:

- **Teach your children to wash their hands** often with soap and water or use alcohol-based hand rub. You can set a good example by doing this yourself.
- **Teach your children not to share person items** like drinks, food, or unwashed utensils, and to cover their coughs and sneezes with tissues. They should cover up their coughs or sneezes using the elbow, arm or sleeve instead of the hand when a tissue is not available.
- **Know the signs and symptoms of the flu.** Symptoms of the flu include fever (100 degrees or greater), cough, runny or stuffy nose, body aches, sore throat, headache, and feeling tired. Some people may also vomit or have diarrhea.
- **Keep sick children at home** for at least 24 hours after they no longer have a fever or do not have signs of a fever, without using a fever-reducing medication (Tylenol, Ibuprofen, Acetaminophen, Motrin, Advil). Keeping children with a fever at home will reduce the number of people infected.
- **Do not send children to school if they are sick.** Any children who are determined to be sick while at school will be sent home.

For more information, **see the back of this sheet.** You may visit www.flu.gov or call 1-800-CDC-INFO for the most current information about flu in our community. To see what we are doing, visit www.mr238.org, call the Warren County Health Department at 1-309-734-1314, or call your child's school.

Sincerely,


Paul D. Woehlke
Superintendent


Betsy Johnston, RN
District Nurse